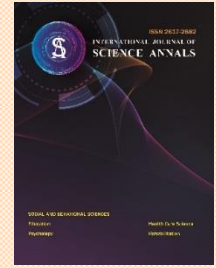




GENERAL INSTRUCTIONS FOR ORIGINAL RESEARCH



The order of submission must be (1) Title Page, (2) Abstract, Keywords, (3) Text, (4) Acknowledgments, (5) Ethical Approval, (6) Funding Source, (7) Conflicts of Interests, (8) References.

(1) Title Page

The manuscript must include a title page that provides the full title (it should disclose the essence of the problem, clearly correspond to the content of the manuscript, without abbreviations); manuscript type; full names of authors, their affiliations and contributions; information about the authors, corresponding author details, short running title, manuscript word count (excluding title, abstract, acknowledgments, conflicts of interest, references, figures and table), and abstract word count.

(2) Abstract, Keywords

All manuscripts must have a structured abstract with 200-250 words in the language of manuscript, without abbreviations. Required headings are: Background (including the aim of the study), Material and Methods, Results, and Conclusions.

Keywords (5-7 keywords) are provided for indexing purposes and online searches. Authors are encouraged to browse through articles on similar topics to find appropriate keywords.

(3) Text

The main text of the manuscript should be 3000-5500 words (not including references, tables, figures). No more than 10 Tables/Figures will be accepted. The text must be subdivided into the following sections: Introduction (including the aim of the study), Material and Methods, Results, Discussion, Conclusions.

Introduction

It provides a brief review of the relevant literature to clarify the rationale of the new study. Key publications should be cited, including relevant systematic reviews. Authors need to highlight the significance of the study, and end this section with a clear aim of the study.

Material and Methods

This section should describe in a logical sequence how the study was designed and carried out. Authors need to present a full description of the sampling method and sample size, location and timing of research, inclusion & exclusion criteria, data gathering tools, reliability & validity of the tools, descriptive and analytic statistical method, acceptable significance (p-value), and ethical considerations (informed consent from human participants).

Results

The results should be reported fully, clearly and concisely supported, if necessary, by figures, graphs and tables. They must be based on research findings, and must directly address the initial research questions or hypotheses.

Discussion

This section should sum up the main results, critically analyze the methods used, compare the results obtained with other published data and discuss the implications of the results.

Conclusions

The conclusions should briefly sum up the significance of the study and its future implications.

(4) Acknowledgments

List / thank / acknowledge here individuals who contributed to the work but do not qualify for authorship.

(5) Ethical Approval

If a study involves human participants/or animals, Authors need to obtain approval from the Ethics Committee/Institutional Review Board of their institution. They must provide the name of the Committee/Board. Authors should also declare that they have obtained written informed consent from each potential research participant. It should be clearly stated that the researchers were properly introduced before the research, and the participants understood the objectives of the research. Authors also maintain that the consent was not obtained under coercion, and that the participants had the choice to withdraw at any stage of the research. Finally, it should be indicated that the participants were assured of confidentiality regarding the information provided.

(6) Funding Source

All sources of financial and material support for the research work are acknowledged in this section. Please include the name(s) of the funding organization(s) along with the grant number(s). If no funding has been provided for the research, please add the following statement: *This research did not receive any outside funding or support*

(7) Conflict of Interests

Authors must disclose any financial and non-financial competing interests in advance of the review process. They need to declare if they received financial payment for the research, or if they have close relationships with people or entities that could inappropriately influence (bias) their study. Non-financial interests may include the disclosure of any personal, political, religious, ideological, academic and intellectual interests that might bias a study. If there are no competing interests, add the following statement: *The authors declare that there is no conflict of interests*

(8) References

Reference list conforms to the APA Style (APA 7th) and includes no more than 50 references.