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- Manuscript title.
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- Specify the contribution of each Author to prepare the Manuscript: ABCDEFG.
- Specify the affiliation of each Author (Name of the organization/university, country).
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All manuscripts must have a structured abstract with 200-250 words in the language of the Manuscript, without abbreviations. Required headings are: Background and Aim of Study, Material and Methods, Results, Conclusions.

Keywords: 5-7 words, without abbreviations.

- Introduction.
- The aim of the study.
- Material and Methods (it may consist of three subsections: Participants, Organization of the Research, Statistical analysis).
- Results.
- Discussion.
- Conclusions.
- Acknowledgments.
- Source of support.
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- Information about the Author/Authors.

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